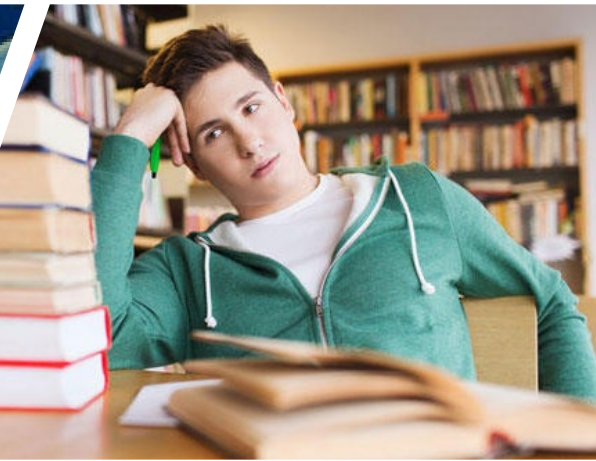




Which of these images best represents how your son/daughter prepared for their Y10 PPEs?



Did their revision work for them?

Which of these strategies did they use?

*Research shows **only 2** of these are **highly effective** for retaining information in the long term. Which 2?*

Re-reading

Self-testing

Summarising e.g. Flash Cards/ Mind Maps

Highlighting or underlining

Mnemonics (e.g. Rhymes/Acronyms)

Imagery (creating pictures/images from reading/listening)

Spreading out revision over a long period

Cramming (last minute)

The others are a useful part of the process but not in isolation

Did their revision work for them?

Which of these strategies did they use?

*Research shows **only 2** of these are **highly effective** for retaining information in the long term. **Which 2?***

Self-testing

"Students who can test themselves or try to retrieve material from their memory are going to learn that material better in the long run"

**Spreading out revision
over a long period**

The others are a useful part of the process but not in isolation

Getting Revision Right!



The Exam Coach: 3 Key Skills to Pass Any Exam

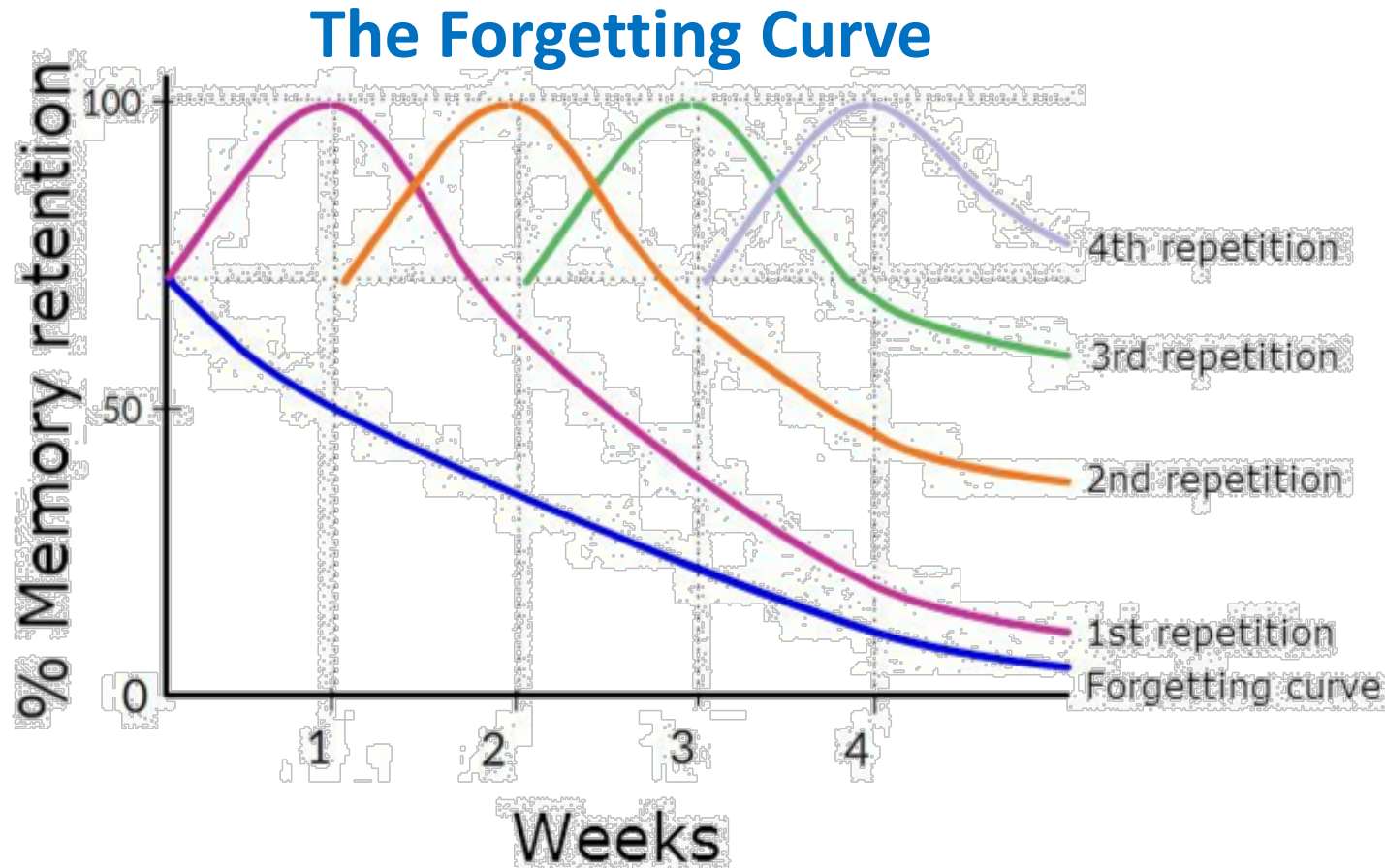
<https://www.youtube.com/watch?v=OqUXhzmSIEw>

**The Exam Coach YouTube Channel:
Lots of useful hints and tips!**

https://www.youtube.com/channel/UCEV_vbnjURww6Mmtd3aIxaQ/featured

Research indicates the most effective revision involves:

- Spacing and revisiting revision over time (not cramming once)
- Effort! Trying to learn the harder bits not just the easy!
- Self-Testing to recall information not just recognise it!
- Practising real questions to apply what you have revised.



SORT your revision ...



Summarise

Summarise your class notes using flash cards, mind maps, visual organisers, intelligent graffiti, revision clocks, Cornell sheets, mnemonics etc. to condense and transform

40%

Ongoing, before unit tests and at least 8-12 weeks before PPEs/Exams

Organise

Organise your revision materials by topic/sub topic. Traffic Light your PLC sheets to identify areas of weakness or gaps (Red/Amber).

10%

Half termly/before unit tests and at least 8-12 weeks before PPEs/Exams

Recall

Use active **recall** and spaced **repetition** to memorise your revision materials until you can recall information e.g. look, cover, write, check or self-testing.

30%

Test Yourself

Use **online tests/quizzes** and answer **past paper/sample questions** to check knowledge & understanding. Also BUGS/HUGS questions and write plans.

20%

Step 1: Summarise



Could you remember this number?

1912365193957

Chunking is essential for revision

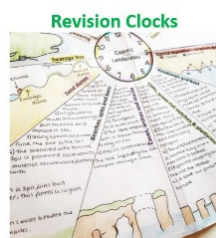
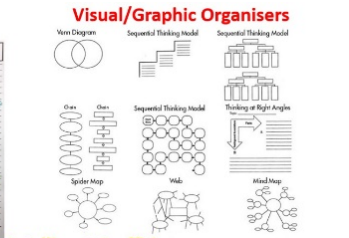
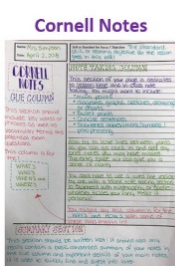
1912 365 1939 57

Titanic Sank

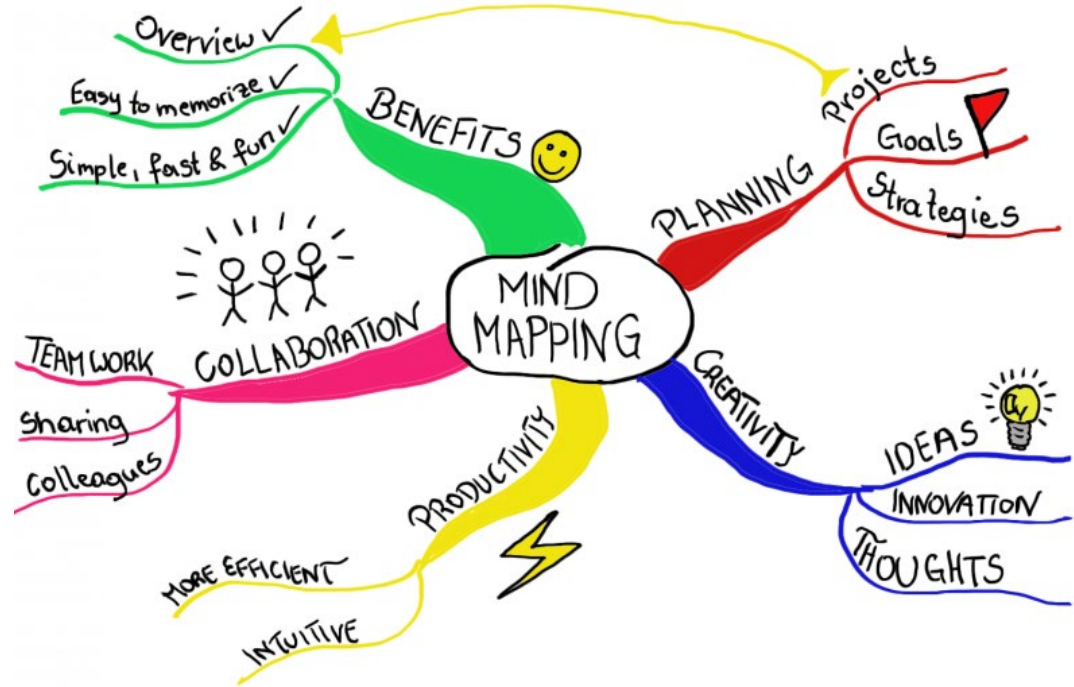
Days in a year

WW2 started

Heinz varieties



Step 1: Summarise



These are just 2 examples of how you can summarise what you have to learn by condensing and transforming the information into something new.

Step 2: Organise

Use PLC sheets to **RAG** what you need to learn and check if there are any gaps



SORT Your Revision
Personal Learning Checklist (PLC)



| You should be able to ... | Red | Amber | Green |
|--|-----|-------|-------|
| Name all 20 items | | | |
| State the number of items where there are several together in a group | | | |
| Give the main colours of the items | | | |
| Know the <u>main</u> numbers/letters which appear on items e.g. what the dice have thrown or the time the item shows | | | |
| Group items according to purpose/common features | | | |

My Target:

RED = don't have it/don't know it

AMBER = sort of know this but need more confidence

GREEN = got this!

Step 3: Recall



Rote learn your summarised notes through recall and repetition.
Concentrate on things on you were RED or AMBER on the PLC

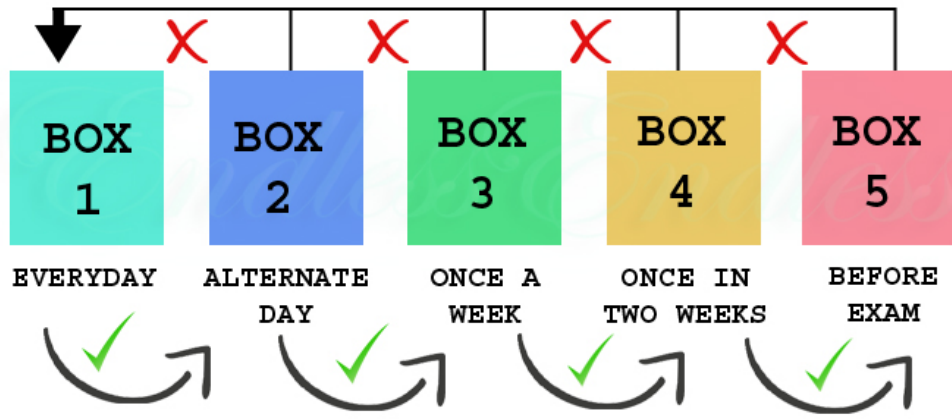
LOOK 

SAY 

COVER 

WRITE 

CHECK 



Quiz, quiz, trade





Step 4: Test Yourself

Use Past/Sample Questions and online-testing to apply what you have learnt to real questions.

You can answer questions, write plans or write mark schemes for them

And finally ...



SORT Your Revision Strategy: Guide for Parents

Revision involves 4 stages:

| Summarise | Organise | Recall | Test Yourself |
|---|---|--|--|
| Summarise your class notes using flash cards, mind maps, visual organisers, intelligent graffiti, revision clocks, Cornell sheets, mnemonics etc. to condense and transform | Organise your revision materials by topic/sub topic. Traffic Light your PLC sheets to identify areas of weakness or gaps (Red/Amber). | Use active recall and spaced repetition to memorise your revision materials until you can recall information e.g. look, cover, write, check or self-testing. | Use online tests/quizzes and answer past paper/sample questions to check knowledge & understanding. Also write plans/notes for longer answers. |
| 40% | 10% | 30% | 20% |

Revision should be done in manageable 'Chunks' and should be spaced out and repeated.

What can I do to support my son/daughter at each stage?

| Summarise | Organise | Recall | Test Yourself |
|--|--|--|--|
| Provide materials to help summarise information and store revision notes. Pens/Pencils/ Highlighters Blank flash cards A4/A3 paper Make sure they are not spending all their time on this part! | Help your son/daughter create a revision timetable and put this somewhere prominent. Ensure they build in regular breaks and offer rewards as incentives along the way. | Help them with 'self testing' or ask them to explain something they have revised to you. Allow them to put revision notes around the house. Mini-whiteboards and whiteboard pens can be useful tools for students to test themselves without wasting paper. Subscribe to Quizlet Plus | Encourage them to answer past questions and mark them themselves. Ask them to explain to you what is required for top marks. Ensure they are not simply trying multiple choice questions e.g. low tariff online tests! |

What else can I do to support my son/daughter's revision?



To further support revision:

Guide for Parents

SORT Activities in Tutor Time and Lessons

Text and Facebook Reminders for PPEs

New online 'SharePoint' area with resources, video tips and useful links



What can I do to support my son/daughter at each stage?

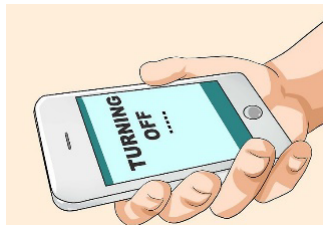
| Summarise | Organise | Recall | Test Yourself |
|--|---|---|--|
| <p>Provide materials to help summarise information and store revision notes.</p> <p>Pens/Pencils/ Highlighters Blank flash cards A4/A3 paper</p> <p>Make sure they are not spending all their time on this part!</p> | <p>Help your son/daughter create a revision timetable and put this somewhere prominent.</p> <p>Ensure they build in regular breaks and offer rewards as incentives along the way.</p> | <p>Help them with 'self testing' or ask them to explain something they have revised to you.</p> <p>Allow them to put revision notes around the house.</p> <p>Mini-whiteboards and whiteboard pens can be useful tools for students to test themselves without wasting paper.</p> <p>Subscribe to Quizlet Plus</p> | <p>Encourage them to answer past questions and mark them themselves</p> <p>Ask them to explain to you what is required for top marks.</p> <p>Ensure they are not simply trying multiple choice questions e.g. low tariff online tests!</p> |

What else can I do to support my son/daughter's revision?



Dedicated study space

Remove distractions



Make sure revision is spaced with breaks

Healthy food and drink



Plenty of sleep