

Buddhism Beliefs PLC

Topic Area:	Concept	Describe	Explain	Justify	Critique
The Buddha's life and its significance	The birth of the Buddha and his life of luxury				
	The Four Sights: illness, old age, death, holy man (Jataka 075)				
	The Buddha's ascetic life				
	The Buddha's journey to Enlightenment.				
	The Demon King Mara				
	The Buddha's path as a teacher				
Three Universal Truths (three marks of existence)	Anicca (Impermanence)				
	Anatta (No fixed self)				
	Dukkha (Life is suffering)				
The Four Noble Truths	Suffering (dukkha) including different types of suffering				
	The causes of suffering (samudaya); the Three Poisons, ignorance, greed and hate				
	The end of craving (tanha), interpretations of nibbana (nirvana) and Enlightenment				
	The Middle Way - Eightfold Path (magga) to nibbana/nirvana				
The Noble Eightfold Path	The Way of Wisdom				
	The Way of Morality/Ethics				
	The Way of Meditation				
Buddhist Teachings and Philosophies	Dhamma				
	Dependent Arising				
	Kamma and Samsara				
	Sutta				
	Vanaya				
	Dhammapada				
	5 Precepts				
	6 Perfections				
	Metta (Loving kindness)				
Karuna (Compassion)					
Different Denominations	Origins of disagreements				
	Therevada				
	Mahayana				
	Tibetan				
Human Personality	The Five Aggregates (skandhas)				
	sunyata				
	, the possibility of attaining Buddhahood and Buddha-nature.				
Human destiny	Arhat (a 'perfected person')				
	The Bodhisattva ideals/path				
	Pure Land Buddhism				

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	Places of Worship				
	Artefacts				
Meditation	Samatha (concentration and tranquillity) including mindfulness of breathing				
	Vipassana (insight) including zazen				
	the visualisation of Buddhas and Bodhisattvas.				
	Death and Funeral rites in Theravada communities and in Japan and Tibet.				
	Mandalas				
	Zen Gardens				
	Kung-fu				
Festivals and retreats	Wesak				
	Parinirvana Day.				
Buddhism in the UK	Main denominations and representation in the UK				

Summarise	Organise	Recall	Test
Flash cards Mind maps Flow charts Key word banks Quote lists Cornell notes Mnemonics	Use this PLC to monitor your progress	Describe each of these ideas accurately to another person? Explain how they work or why they are done?	Can you use quotes and evidence to justify or challenge each point? Can you compare and contrast relevant ideas to create a critical argument?

Can you?

- ✓ Describe each of these ideas accurately to another person?
- ✓ Explain how they work or why they are done?
- ✓ Can you use quotes and evidence to justify or challenge each point?
- ✓ Can you compare and contrast relevant ideas to create a critical argument?