

# Personal Learning Checklist (PLC)



<b>Subject – Health and Social</b>	<b>Topic – RO21 Essential Values of Care</b>
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S = I have Summarised ✓    O = I have Organised (RAG or ☹️☹️)    R = I have Recalled ✓    T = I have Tested Myself ✓

Key Idea					S	O	R	T
<b>LO1 Understand how to support individuals to maintain their rights</b>	I can explain rights- choice, confidentiality, protection from harm and abuse, equal and fair treatment, consultation Explain why it is important to maintain individual's rights?							
	Explain how care workers can support individuals, to maintain their rights- by using effective communication, by providing up to date information, by challenging discriminatory behaviour, by providing information about complaints procedures, by providing advocacy							
<b>LO2 understand the importance of values of care and how they are applied</b>	I can apply the values of care How the values are applied in HSC settings- promoting equality and diversity, maintaining confidentiality, promoting individual's rights and beliefs							
	Explain how the early years values are applied in care and education settings- ensuring the welfare of the child is paramount, keeping children safe, working in partnership with parents/guardians and families, encouraging children's learning and development, valuing diversity, ensuring equality of opportunity, practising anti-discrimination, ensuring confidentiality, working with other professionals							
	Explained the importance of applying the values of care							
	Described the effects on people who use services if the values of care are not applied							
<b>LO3- Understand how legislation impacts on care settings</b>	State who legislation protects							
	I can give an overview of key aspects of legislation- Equality act, Children's act, Data protection act, Health and Safety at work act, Mental health act,							
	I can describe the impact of legislation in HSC and early years services- on service users, care practitioners, service providers, a system of redress							
<b>LO4- Understand how personal</b>	I can describe key personal hygiene measures and why they are important							

<b>hygiene, safety and security measures protect individuals</b>	Explain safety procedures and safety measures- emergency procedures (fire), equipment, moving and handling techniques				
	I can describe security measures in hospitals, nurseries, schools and care homes and why these are important				
	I can explain how are individuals protected- methods for reducing the spread of infection, methods for reducing risks and dangers, procedures to prevent accidents and promote good practise.				