



1. Explore different job roles and the job market

[Videos featuring real people talking about their careers](#)

[Information about different job roles](#)

[Information about over 350 job roles within the NHS](#)

[Lesson plans and articles](#)

[Quiz to find jobs that are suited to you](#)

[South-West labour market Information](#)

[Labour market lesson plan and resources](#)

[More labour market information](#)

2. Find out about different courses and pathways

[Information about apprenticeships](#)

[University exploration and course search](#)

[Guides on how subjects link to different careers](#)

[Compare universities](#)

[Information about uni alternatives](#)

[Advice on how to work in certain sectors](#)

[Leading university information](#)

[Search for courses by location](#)

3. Have a debate

Debate career myths and stereotypes with someone else (online or face-to-face):

“Bricklaying is a man’s job”

“Caring jobs (nurse, teacher, vet etc.) are for females”

“Only rich people go to university”

“Apprenticeships aren’t for academics”

“You need all A’s in your A Levels to go to University”

“Creative Industries don’t make any money”

Follow this up by researching online and writing down your thoughts.

4. Watch educational videos and documentaries

[Stacey Dooley’s BBC Series](#)

Follow this up by writing about what you learnt.

5. Play an educational game

[Microsoft Minecraft](#)

6. Discover and build upon your skills and strengths

[Life skills lesson plans and resources](#)

[Lesson plan and worksheet \(Use CVDTWINKLHELPS code for free access\)](#)

[A range of skills-based activities and information](#)

[Take this personality quiz](#)

[Skills employers want](#)



7. Print and complete worksheets/workbooks

[PSHE workbooks](#)

[Citizenship workbooks](#)

[Skills and activities workbook](#)

8. Take a free online course or lesson

[30 Minute Apprenticeship in Business](#)

[30 Minute Apprenticeship in Construction](#)

[30 Minute Apprenticeship in Marketing](#)

[Strengths and Skills \(Lesson\)](#)

[Staying Positive \(Lesson\)](#)

[Finding your Cyber Security Career Path \(Free online course\)](#)

[Career Skills for Investment Banking and Finance \(Free online course\)](#)

[Creativity and Entrepreneurship \(Free online course\)](#)

[Resilience, the art of coping with disasters \(Free online course\)](#)

[Prepare for career success at Uni \(Free online course\)](#)

[Building your career in tomorrow's workplace \(Free online course\)](#)

[How to start your career in games development \(Free online course\)](#)

[How to succeed in interviews \(Free online course\)](#)

9. Create a CV and/or write a personal statement

[Free app for CV creation](#)

[CV writing guidance](#)

[CV Builder](#)

[Personal statement guide](#)



10. Browse Careers websites

[Careerpilot](#)

[My Career Springboard](#)

[All About School Leavers](#)

[Start Profile](#)

[Careers Box](#)

[Career Connect](#)

[Bridge U](#)

[Success at School](#)

[Shaw Trust \(SEND\)](#)

[Springpod](#)

[Gov: Apprenticeships](#)

[Careers Advice for Parents](#)

[National Careers Service](#)

[Gov: Careers helpline](#)

[Tees Valley Resources](#)

[BBC Bitesize](#)

[All About Apprenticeships](#)

Here are also some general free online learning sites!

[MOOC \(Online courses for anyone\)](#)

[Minecraft \(Educational games and activities\)](#)

[TES \(Resources & lesson plans\)](#)

[Twinkl \(Online lessons & activities - Use CVDTWINKLHELPS code for free access\):](#)

[BBC Bitesize \(Online lessons and revision\)](#)

[Seneca \(Online interactive lessons\)](#)

[Future Learn \(Free online courses\):](#)

[TED \(Video lessons\)](#)