NEWQUAY TRETHERRAS

My Careers Learning Journey

Year 7

- Complete 'Which career is right for me?' Job Match questionnaire
- Research different jobs using the careers page on the school website
- Complete the 'Foundations of Resilience' course on Be Ready
- Take part in 'National Careers Week' activities
- Attend a 'Why do we work' assembly led by the Job Centre Plus
- Join the school Science Club or Book Club
- 'Dream Big' and research your ideal job
- Attend 'Aspirations Assembly' led by the Headteacher
- Take part in 'Science Week' – focussing on scientific issues in the wider world
- Complete a Buzz personality quiz and discuss
- Meet the Careers Leader and look around the Resource Library

Year 8

- Attend an 'I Love My Job' Careers Talk from a local business
- Complete the 'Foundations of Resilience' course on Be Ready
- Apply to be a student librarian
- Explore apprenticeships and higher education courses
- Be introduced to Employability Skills and complete the 'Foundations of Communication' course on Be Ready
- Learn about how subjects relate to jobs (Art)
- Watch clips about different job sectors
- Take part in 'Science Week' & 'National Careers Week'activities activities
- Attend a Careers assembly about Labour Market Information (LMI)
- Explore Labour Market Information (LMI) using the school website

Year 9

- Attend an 'I Love My Job' Careers Talk from a local business
- Attend drop in careers session with careers advisor
- Attend a careers assembly & complete the booklet of accompanying activities
- Research links between school subjects & careers using Unifrog
- Examine diversity and discrimination - particularly gender stereotypes
- Apply to be a Sports Leader
- Take part in the school Careers Fayre
- Have an options interview with a member of SLT
- Listen to 'Where this subject can take you' presentations in lessons as a part of the build up to Options Evening
- Attend 'Options Evening' with your parents/carers
- Brainstorm work experience opportunities
- Complete the 'Foundations of Confidence' course on Be Read.
- Sign up for the 'Duke of Edinburgh Scheme'

Year 10

- Take part in an Employability Skills Day
- Find out about careers in the services
- Sign up to Young Enterprise
- Find out about a number of growing job sectors in Cornwall using the school website
- Participate in the EXCEL Scholars Programme
- Meet representatives of over 100 businesses and organisations at the interactive 'South West Skills Show'
- Attend a 'Writing a CV' workshop and create your own using Unifrog
- Complete the 'Foundations of Leadership' course on Be Ready
- Complete work experience
- Apply for work experience & prepare to get the most out of your placement
- Take part in the 'Duke of Edinburgh Scheme'
- Explore 'Post-16 options'
- Attend the 'Post-16 Options Evening' with your parents/carers

Year 11

- Take part in a 'Focus Group' to provide in-depth feedback on your experiences of CEIAG
- Complete an on-line leavers survey
- Complete the 'Applying for Jobs & Apprenticeships' course on Be Ready
- Find out about volunteering opportunities led by the National Citizenship Service
- Experience a day in the life of a Year 12 student
- Join the Future Medics Programme
- Take part in a 'Mock Interview'
- Attend an apprenticeship assembly
- Attend a workshop run by the 'Apprenticeships, Support and Knowledge Service' (ASK)
- Have a destinations interview with a member of SLT
- Have one or more careers meetings with the Careers Adviser
- Update your CV and develop a 'careers action plan'
- Attend 6th form taster sessions at NT6
- Reflect on your work experience in terms of your future career pathway

Year 12

- Find out about and plan a work experience placement
- Attend a one-to-one Careers Guidance interview
- Complete the Be Ready courses 'Developing Leadership' & 'Developing Communications Skills'
- Find out about and use 'MOOCs'
- Attend a UCAS exhibition and visit universities
- Attend the school Careers Fayre to find out about local apprenticeship & job opportunities
- Attend the 'HE Information Evening' with your parents/carers
- Develop your 'Personal Statement' using Unifrog
- Attend the EPQ convention at Falmouth University
- research university courses, apprenticeship and volunteering opportunities
- Submit an application & attend a panel interview to be a school prefect
- Participate in the 6th form mentoring programme

Year 13

- Join the School Alumni Group
- Complete an on-line leavers survey
- Participate in a 'Student Finance' session
- Complete UCAS/apprenticeship application(s)
- If required, request a follow-up careers interview
- Complete the Be Ready courses on 'Networking' & 'Personal Branding'
- Complete Be Ready courses on 'Interviews' & 'Job Hunting'
- Attend student life sessions led by student ambassadors from local universities
- Develop a 'Personal Action Plan'
- Take advantage of many opportunities: Exeter Scholars, Oxbridge Scheme, Future Medics Programme, Sutton Trust Summer Schools, Nuffield Research Fellowships...
- Find out about 'Gap Year' opportunities
- Complete a week of work experience