



NEWQUAY TRETHERRAS  
OUTDOOR LEARNING

— Newquay Tretherras Outdoor Learning —

# Silver DofE Enrolment Evening



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- What is DofE and why do it?
- The four sections (Volunteering, Skills, Physical & Expedition)
- Expedition Safety
- Next Steps



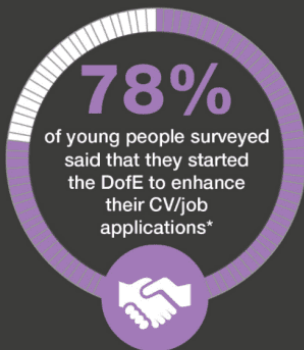
# What is DofE?

Founded by the late Duke of Edinburgh in 1956, the DofE Award is:

- The world's leading achievement award for young people
- A life-changing adventure
- Designed to encourage personal discovery, self-reliance and responsibility
- Provides memories that will last a lifetime
- An award valued by employers and universities



# DofE benefits for your child

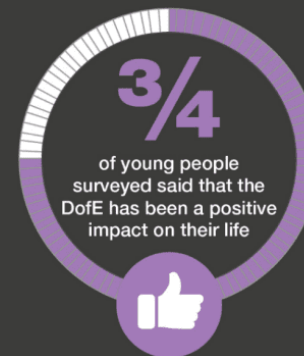
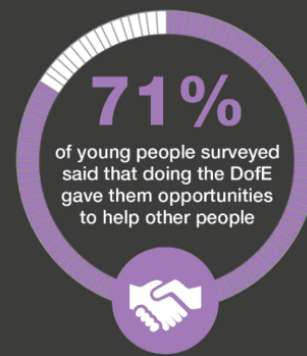
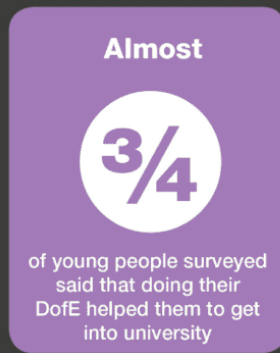
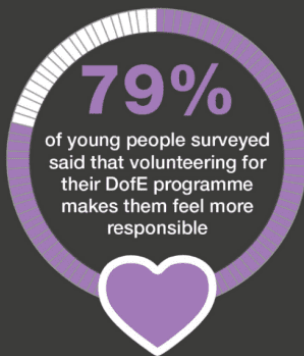


As a result of doing their DofE, two thirds of young people surveyed said that they are fitter than before they started their programme

Undertaking sections of a DofE programme allowed

**66%**

of young people surveyed to gain more self-confidence



Between 20/10/2017 and 02/01/2018 we surveyed the views of over 15,000 Bronze Silver and Gold Award achievers under the age of 25 and Bronze, Silver and Gold Award former DofE participants.

\*This statistic is from the brand perception research with YouGov through a mix of qualitative and quantitative means.



# Finish Bronze DofE!

Out of the 80 Bronze eDofE Accounts:

- 25 have finished Bronze!
- 30 need to finish a section or add get their assessor to add the assessor report
- 24 have not added anything to eDofE! - I know that you are doing the activities, please add the details so that we can sign it off!



# Silver DofE

## SILVER

Volunteering **6** months

Physical

one section for  
6 months, the

Skills

other for 3 months

*Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.*

Expedition **3** days **2** nights



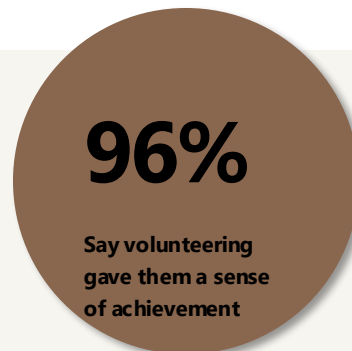
# Volunteering

**Volunteering is all about taking action and making a difference to other people's lives.**

From coaching a local football team, or collecting for a foodbank to starting a campaign, young people will give up their time to help others and change things for the better.

It is extremely rewarding, grows confidence and independence and can enable a young person to experience the world of work too.

**Young people must not be replacing paid labour. i.e. they cannot volunteer for commercial organisations.**



# Volunteering Ideas

- School clubs
- Sports clubs
- Primary school clubs
- Helping the elderly
- Helping animals
- Online Volunteering

## Helping out at:

- Scouts
- Guides
- Cadet groups
- Community groups



# Young Leaders – New NTOL Program

**A new volunteering opportunity within the Outdoor Learning department. Our Young Leaders program has been developed to mirror and replicate some of the skills and volunteering in our very popular Outdoor Leaders (Yr.12&13) program.**

Students can use this section as their volunteering for Silver. Over a six month period students will:

- Take part in training sessions (combination of lunchtime and afterschool)
- Support with other NTOL programs
- Support with logistics (tents, maps, stores)
- Be a role model for others in OL

**Will launch after half term. Limited spaces so come and see us to put your name down.**

# Physical

**The physical section is a chance for young people to focus on their health and fitness and have fun along the way.**

This might be the push needed for a young person to try something completely different or concentrate and improve something that they are already doing.

From yoga to going to the gym, skateboarding to wheelchair tennis – almost any dance, sport or fitness can count.

And doing more physical activity can help support mental health.

Young people can join a team or do it on their own – its up to them!



# Physical Ideas

- Team sports
- Individual sports
- Water sports
- Racquet sports
- Dance
- Fitness
- Extreme Sports
- Martial arts

# Skills

**From coding to cookery, the Skills section lets young people learn a new talent, develop existing skills and discover new things to love.**

By developing practical and social skills gaining interests and talents, young people will enjoy themselves and get a real sense of achievement.

If they're interested in a specific field, this could be the perfect chance to do something related to it.

They'll grow their confidence and show they're committed, motivated and can rise to a challenge.



# Skill Ideas

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music
- Life skills
- Learning and collecting
- Media and communication
- Natural world
- Games and sports

# Welcome Pack & eDofE

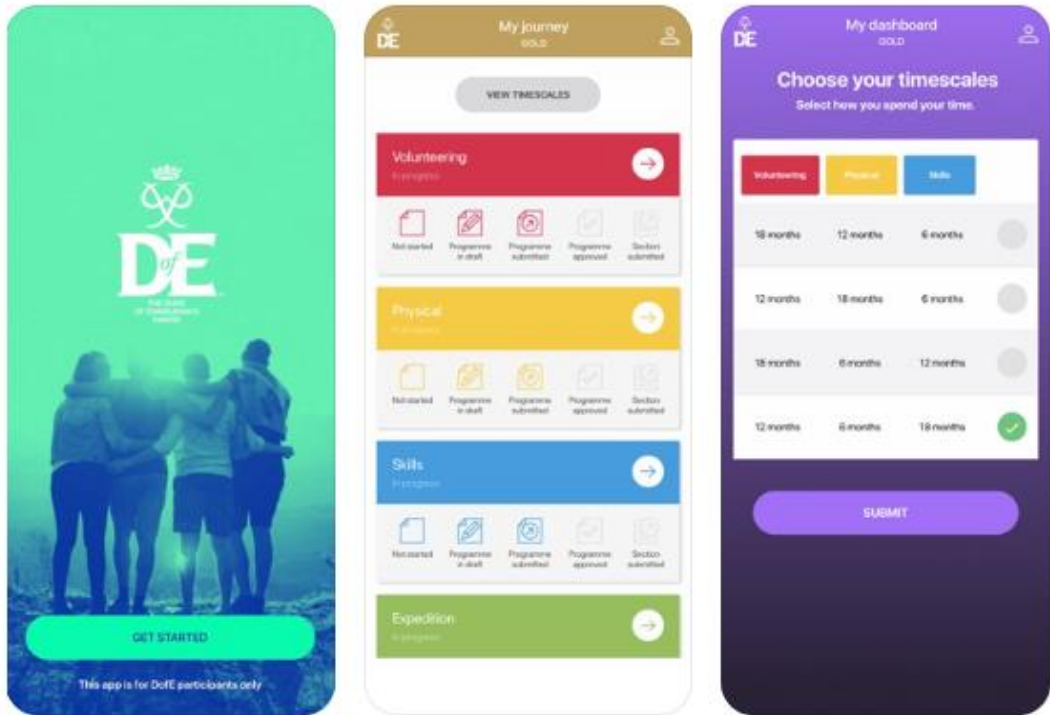
Once you have signed up to do your DofE, you'll get your own eDofE account, so you can start planning your activities online and using the free app.

When you've added your home address, you'll be sent your Welcome Pack – with lots of information and advice, as well as your personalised DofE Card.

Your DofE Card will give you and your family exclusive discounts in the DofE's five fantastic recommended retailers.



# The DofE App



The DofE app is available for free from the App store on iPhones and Google Play on Android phones.

Participants can use the DofE app to plan activities, get approval from Leaders, record evidence, submit programmes for completion and more.

Plus, it can sync important dates to your phone calendar and add the personalised DofE Card to the digital wallet, to make the most of the exclusive discounts.

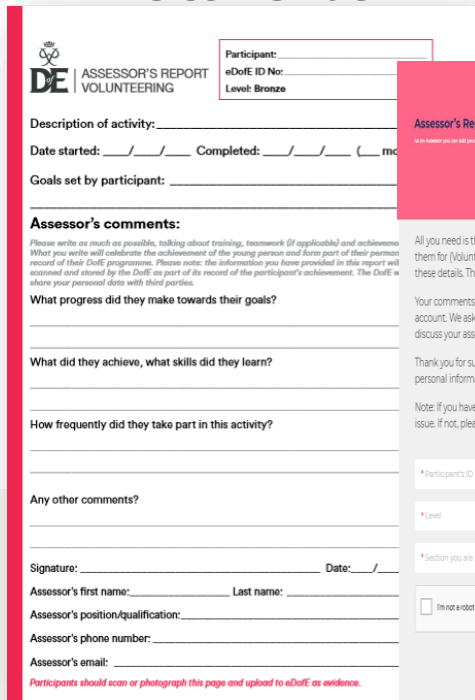
# Assessor Reports

Once a young person has completed their time requirements for a sections, they need to obtain an Assessor's reports.

The Assessor's report needs to be completed by the Assessor (e.g. Leader, teacher, coach etc.)

It can be written by hand, using the report card in the students Welcome Pack, or via the DofE Assessor Portal on the DofE website. [DofE.org/Assessor](https://DofE.org/Assessor)

## Welcome Pack



**DE** ASSASSOR'S REPORT VOLUNTEERING

Participant: \_\_\_\_\_  
eDofE ID No: \_\_\_\_\_  
Level: **Bronze**

Description of activity: \_\_\_\_\_  
Date started: \_\_\_/\_\_\_/\_\_\_ Completed: \_\_\_/\_\_\_/\_\_\_ (m) \_\_\_\_\_  
Goals set by participant: \_\_\_\_\_

**Assessor's comments:**  
*Please write as much as possible, talking about training, teamwork (if applicable) and achievements. What you write will corroborate the achievement of the young person and form part of their permanent record of their DofE programme. Please note: the information you have provided in this report will be scanned and stored by the DofE as part of its record of the participant's achievement. The DofE will share your personal data with third parties.*

**What progress did they make towards their goals?**  
\_\_\_\_\_  
\_\_\_\_\_

**What did they achieve, what skills did they learn?**  
\_\_\_\_\_  
\_\_\_\_\_

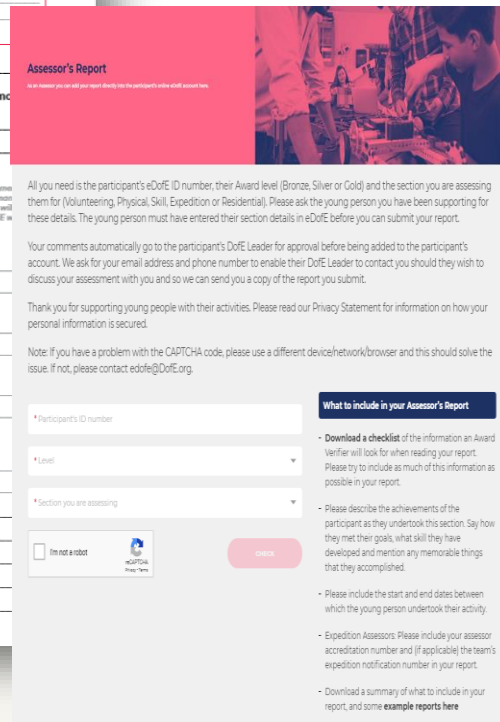
**How frequently did they take part in this activity?**  
\_\_\_\_\_  
\_\_\_\_\_

**Any other comments?**  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_  
Assessor's first name: \_\_\_\_\_ Last name: \_\_\_\_\_  
Assessor's position/qualification: \_\_\_\_\_  
Assessor's phone number: \_\_\_\_\_  
Assessor's email: \_\_\_\_\_

*Participants should scan or photograph this page and upload to eDofE as evidence.*

## Assessor Portal



**Assessor's Report**

*All you need is the participant's eDofE ID number, their Award level (Bronze, Silver or Gold) and the section you are assessing them for (Volunteering, Physical, Skill, Expedition or Residential). Please ask the young person you have been supporting for these details. The young person must have entered their section details in eDofE before you can submit your report.*


Your comments automatically go to the participant's DofE Leader for approval before being added to the participant's account. We ask for your email address and phone number to enable their DofE Leader to contact you should they wish to discuss your assessment with you and so we can send you a copy of the report you submit.

Thank you for supporting young people with their activities. Please read our [Privacy Statement](#) for information on how your personal information is secured.

Note: If you have a problem with the CAPTCHA code, please use a different device/network/browser and this should solve the issue. If not, please contact [edofe@DofE.org](mailto:edofe@DofE.org).

**What to include in your Assessor's Report**

- Participant's ID number
- Level
- Section you are assessing
- Please describe the achievements of the participant as they undertook this section. Say how they met their goals, what skill they have developed and mention any memorable things that they accomplished.
- Please include the start and end dates between which the young person undertook their activity.
- Expedition Assessors: Please include your assessor accreditation number and (if applicable) the team's expedition notification number in your report.
- Download a summary of what to include in your report, and some **example reports here**

I'm not a robot 

**Submit**



# Expedition

**Getting into the great outdoors and spending nights away with friends – a DofE expedition will give young people lifelong memories.**

As part of a small team, they will plan their aim, choose their location, do some training to make sure they're prepared and know what they are doing – then spend three days and two nights away.

The expedition will improve resilience, communication, teamwork and leadership and skills.

They might come back home with a rucksack full of washing – and experiences that they won't forget!



# Expedition Training

**Safety is key! Lots of training is needed to make a successful qualifying expedition.**

**Prior  
experience  
(Bronze  
DofE,  
Scouts, local  
walking &  
camping)**



**Training day  
– in school**

- Map skills
- Campcraft
- Cooking
- Food
- Teamwork



**Practice  
Expedition –  
Dartmoor  
3 days & 2  
nights**



**Afterschool  
Training  
session –  
focus on the  
skills learnt  
and refresh  
these**



**Qualifying Expedition! Always an opportunity to keep learning and develop skills!**

# Expedition Supervision

**For assessment expeditions and elements of the practice expeditions, students will be remotely supervised. This means staff are not always with groups.**

Students will walk with their group and with with staff

Mitigations are put in place by:

- Significant student training
- Highly experienced and qualified staff & volunteers
- Strong knowledge of expedition areas
- Robust safety procedures in place
- Staff meeting groups at checkpoints
- Staff walking with groups over more complex terrain
- Appropriate areas chosen for expeditions
- Alternative routes used if weather is poor
- Random meeting points on routes
- Use of trackers



# Expedition

There is no need to buy all the kit, we are able to lend most kit (subject to numbers!)

The key item that is needed is sturdy footwear. Dartmoor is a tough environment! Boots must be worn. Trainers are not suitable!

Safety is paramount – deadlines are there to provide enough time to arrange appropriate supervision.

Expeditions carry risk, but we mitigate and plan for these.

Trust in the student's judgement, the responsibility is shared.

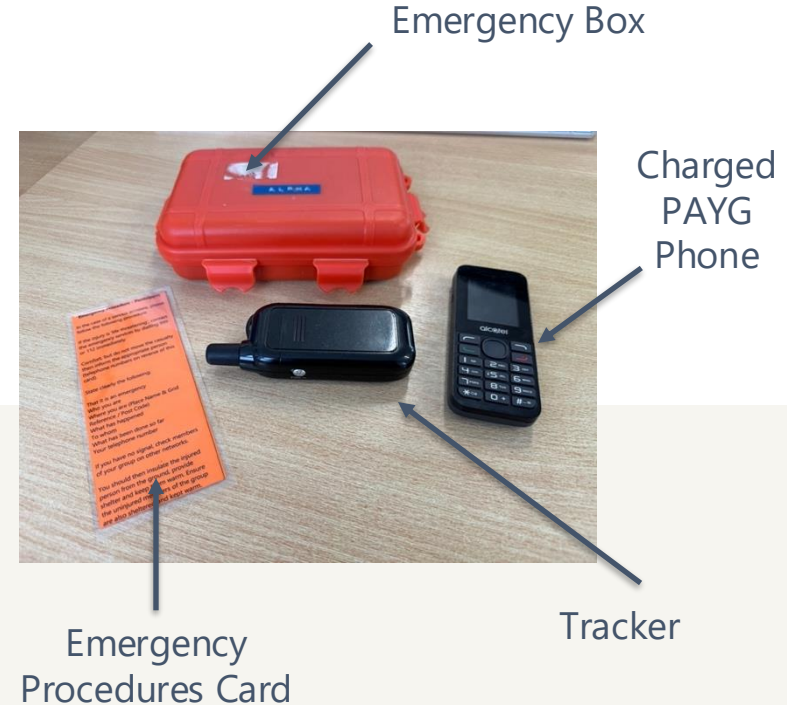


# Mobile Phone policy

**Phones are not allowed on expeditions. This decision has been made for a number of reasons.** student's judgement, the responsibility is shared.

We have made this decision for a number of reasons:

- Students have expensive phones – expeditions take place in wet and damp environments, and we don't want phones to get damaged
- Communicating with their group and others and not on their phone
- Flow of information – if something has happened, it is important that it is communicated correctly and, in a manner, not to cause alarm.



# The Volunteers

**Please remember to thank our volunteers when you see them!**

A dedicated, professional collection of staff, 6<sup>th</sup> Formers, ex-students and members of the community who give up hundreds of hours of their time freely

A huge amount of experience and professional qualifications

Tirelessly deal with all conditions and eventualities with little thanks

They do it because they care about our young people and have seen the huge difference these experiences have





## School the next day!

- Attendance after Bronze expeditions was great!
- Silver DofE uses the Friday before the weekend for the three days.
- Expeditions are allowed to take place at weekends – this means that attendance at school the next day is needed!
- Everyone knows that you will be tired and have sore feet!

# Expedition Cost

Item	Cost (1 PAX)
eDofE Enrolment	£28
DofE Licence	£8.30
Minibuses	£32.10
Leader/Assessor Expenses	£12
Equipment Replacement	£8
Campsite Fees (Practice)	£15
Campsite Fees (Assessment)	£15
Photocopying, Resources & Expedition expenses	£9.30
Fuel	£10.70
Trackers	£3.30
2IC Staffing	£20.80
<b>Total</b>	<b>£170</b>



# Expedition Cost

Tretherras is subsidise the cost of DofE. Prices are rising each year and expeditions are becoming more costly, we are keeping the cost as low as we can.

## DofE Enrolment Fee

£28 is the DofE Enrolment Fee – this is paid to DofE for an eDofE account

**Due by Friday 4<sup>th</sup> October**

## Expedition Cost

£112 is the contribution towards the expedition

**£60 due by Friday 24<sup>th</sup>**

**January**

**£52 due by Friday 9<sup>th</sup> May**

**Total cost for Silver DofE for 24/25 is £140**

# Self Reliance

- Busy year!
- eDofE drop-in advice
- Base Camp
- People around you
- DofE website



# Silver DofE Dates

## Keys Dates for this year's Silver DofE:

- Friday 4<sup>th</sup> October 2024 – Deadline for Silver DofE Enrolment
- Sunday 26<sup>th</sup> January 2025 – Silver DofE Training Day
- Tuesday 22<sup>nd</sup> April 2025 – Silver DofE Training/Route Planning
- Tuesday 29<sup>th</sup> April 2025 – Silver DofE Training/Route Planning
- Friday 16<sup>th</sup> → Sunday 18<sup>th</sup> May 2025 – Silver DofE Practice Expedition
- Friday 11<sup>th</sup> → Sunday 13<sup>th</sup> July 2025 – Silver DofE Assessment Expedition



# To sum up...

- **It is your award. You must take the lead!**
- Remember that the expedition is only 25% of the award. Make sure you complete the whole thing on eDofE
- Sections can normally be worked into your lifestyle, they shouldn't involve a greatly increased time commitment
- Take the deadlines seriously and set your own goals
- DofE Rules are out of our control
- **Commit to action and the rest will follow!**

# Communication

**We spend a lot of the time out of the office delivering Outdoor Learning programmes. We will get back to you as soon as we can.**

Contact us by:

- Students finding us in Base Camp
- Teams group – all students will be added to 'Silver 24/25' Teams group – ask questions here
- Phone – 01637 872 080
- Email – [ntol@tretherras.net](mailto:ntol@tretherras.net)

# Consent Forms

NT Outdoor Learning - DofE  
Enrolment Form 2024 - 2025



NT Outdoor Learning Consent  
Form 2024 - 2025

